

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Chateau Pacific January 2009



4

9:45 Bus to Trinity Lutheran
10:30-1:00 Sunday Brunch
12:00 Football/cribbage (GR)
1:45 Sunday Stroll Meet in Lobby
2:00 Movie (CR)
6:30 Sequence (AR)
6:30 Double Pinochle (CR)

5

8:30 Breakfast at 112th St diner
9:00 Happy Hands (CR)
10:00 Strength for Life (HC)
10:30 Prize Bingo (CR)
10:30 Banking/Harbor Pointe
11:00 Balance & Stability (HC)
1:00 QFC/Harbor Pointe
1:15 Bridge (CR)
1:45 Bookmobile
3:00 Hard Hat Chat (NL)
6:30 Sequence (AR) Games (CR) 6:30
7:00 Two and a Half Men (GR)

6

9:00 Open Swim (PL)
10:00 Travelogue: Italy (CR)
11:00 Theater (CR)
1:30 Gentle Yoga (HC)
1:30 Episcopal morning prayers (AR)
2:00 Kings corners/cribbage
2:15 Balance/stability
3:15 Cereal Murders (SL)
4:15 "Color" dinner-yellow
6:30 Sequence (AR) Pinochle (SL)
6:30 Games (CR)
7:00 Two and a Half Men (GR)

7

9:00 Water Works (PL)
10:00 Strength for Life (HC)
10:00 News & Views (NL)
10:00 Catholic Communion (AR)
10:30 Wellness Clinic (1st Floor)
11:00 Balance & Stability (HC)
1:00 Fred Meyer
1:30 Executive council (AR)
2:00 Quarter Bingo (CR)
6:30 Sequence (AR) Hand & Foot (CR)
7:00 Two and a Half Men (GR)

HAPPY NEW YEAR!!!

9:00 Open Swim (PL)
9:00 New Year's parade party (CR)
10:00 Computer Class (CL)
1:00 Pinochle (SL)
2:00 King's corners, cribbage (CR)
6:15 Bridge/Games (CR)
6:30 Sequence (AR)
7:00 Two and a Half Men (GR)

2

9:00 Water Works
10:00 Tai Chi (HC)
11:00 Balance/stability (HC)
2:00 Casino: Angel of the Winds
2:00 Cards, wii bowling (CR)
6:30 Movie (CR)
6:30 Sequence (AR)
6:30 Pinochle (SL)
7:00 "Two and a Half Men (GR)

3

9:00 Open Swim (PL)
10:00 News & Views (NL)
1:00 Wii bowling (CR)
2:00 Quarter Bingo (CR)
3:30 Read aloud: Cereal Murders, NL
6:30 Hand & Foot (CR)
6:30 Games (CR)

11

9:45 Bus Trinity Lutheran
10:30-1:00 Sunday Brunch
12:00 Football/cribbage (GR)
1:45 Sunday Stroll Meet in Lobby
2:00 Movie (CR)
6:30 Sequence (AR)
6:30 Double Pinochle (CR)

12

9:00 Happy Hands (CR)
10:00 Strength for Life (HC)
10:30 Prize Bingo (CR)
11:00 Balance & Stability (HC)
1:00 Safeway
1:15 Bridge (CR)
2:00 Foot nurse
6:30 Sequence (AR)
6:30 Games (CR)
7:00 Two and a Half Men (GR)

13

9:00 Open Swim (PL)
10:00 Travelogue: France (CR)
10:00 Hearing specialist
11:00 Theater (CR)
1:30 Gentle Yoga (HC)
1:30 Dining Committee (AR)
2:00 Foot care clinic
2:00 Games/social hour
6:30 Sequence (AR) Pinochle (SL)
7:00 Two and a Half Men (GR)

14

9:00 Water Works (PL)
10:00 Strength for Life (HC)
10:00 News & Views (NL)
10:00 Catholic Communion (AR)
10:30 Wellness Clinic (1st Floor)
11:00 Balance & Stability (HC)
2:00 Ladies Tea (Cascade dining room)
6:30 Sequence (AR) Hand & Foot (CR)
7:00 Two and a Half Men (GR)

8

9:00 Open Swim (PL)
10:00 Travelogue: Italy
1:00 Pinochle (SL)
1:15 Happy Hands (CR)
2:00 Balance & Stability (HC)
2:00 Cards, games, social
2:45 Stretch & Relax (HC)
6:15 Bridge/Games (CR)
6:30 Sequence
7:00 Two and a Half Men (GR)

9

9:00 Water Works (PL)
10:00 Tai Chi (HC)
11:00 Balance and Stability
11:00 Sing-a-long (CR)
1:00 Edmonds SC : bus trip/dance
1:30 Hospitality mtg. (AR)
2:00 King's corners, wii bowling
6:30 Movie (CR)
6:30 Sequence (AR)
6:30 Pinochle (SL)
7:00 Two and a Half Men (GR)

17

9:00 Open Swim (PL)
9:00 Wii golf!!!! (CR)
10:00 News & Views (NL)
1:00 Village theater: Beauty and The Beast; 2:00pm
2:00 Quarter Bingo (CR)
3:15 Cereal Murders (SL)
6:30 Hand & Foot (CR)
6:30 Games (CR)

18

9:45 Bus to Trinity Lutheran
10:30 Sunday Brunch
12:00 Football/cribbage (GR)
2:00 Movie (CR)
6:30 Sequence (AR)
6:30 Double Pinochle (CR)

19 MARTIN LUTHER KING

9:00 Open swim (PL)
1:15 Bridge (SL)
2:00 Movie (CR)
6:30 Sequence (AR) Games (CR)
7:00 Two and a Half Men (GR)

20

9:00 Open Swim (PL)
10:00-1:00 Presidential inauguration (CR)
1:30 Gentle Yoga (HC)
1:30 Episcopal communion (AR)
2:00 Dance instruction (CR)
2:15 Balance & Stability (HC)
3:15 Cereal Murders (SL)
4:15 Inaugural dinner: red, white, & blue
6:30 Sequence (AR) Pinochle (SL)

21

9:00 Water Works (PL)
10:00 Strength for Life (HC)
10:00 News and Views (NL)
10:00 Catholic Communion
10:30 Wellness Clinic (1st Fl)
11:00 Balance and Stability (HC)
11:00 Alderwood Mall
Lunch(oyo); movie matinee "Doubt" Meryl Streep: 12:25
2:00 Quarter Bingo (CR)
6:30 Sequence (AR)/Hand & Foot (CR)
7:00 Two and a Half Men (GR)

15

8:30 Men's breakfast (DR)
10:00 Travelogue: France (CR)
10:00 Computer Class (CL)
10:45 Travelogue: Italy (CR)
1:00 Pinochle (SL)
1:15 Happy Hands (CR)
1:30 Bldg/grounds/safety mtg. (AR)
2:00 Balance & Stability (HC)
2:00 King's corners/cribbage (CR)
2:45 Stretch & Relax (HC)
6:15 Bridge/Games (CR)
6:30 Sequence (AR)
7:00 Two and a Half Men (GR)

16

9:00 Water Works (PL)
10:00 Tai Chi for Balance (HC)
11:00 Balance/stability (HC)
11:00 Theater (CR)
1:00 Scenic drive
2:00 Wii bowling (CR)
3:00 Wine with Michael
6:30 Movie (CR)
6:30 Sequence (AR)
6:30 Pinochle (SL)
7:00 Two and a Half Men (GR)

25

9:45 Bus to Trinity Lutheran
10:30 Sunday Brunch
12:00 Football/cribbage (GR)
1:45 Sunday Stroll Meet in Lobby
2:00 Movie (CR)
6:30 Sequence (AR)
6:30 Double Pinochle (CR)

26

9:00 Happy Hands (CR)
10:00 Strength for Life (HC)
10:30 Prize Bingo (CR)
11:00 Balance & Stability (HC)
1:00 Safeway
1:15 Bridge (AR)
3:00 Hard Hat Chat (NL)
4:15 Chinese New Year's Dinner Year of the Ox
6:30 Sequence (AR) Games (CR)
7:00 Two and a Half Men (GR)

27

9:00 Open Swim (PL)
10:00 Travelogue: France (CR)
11:00 Theater (CR)
1:30 Gentle Yoga (HC)
2:00 Dance (CR)
3:15 Cereal Murders (SL)
3:15 Book club (CR)
6:30 Sequence (AR)
6:30 Pinochle (SL)
7:00 Two and a Half Men (GR)

28

9:00 Water works (PL)
10:00 Strength for Life (HC)
10:00 News & Views (NL)
10:00 Catholic Communion (AR)
10:30 Wellness Clinic (1st Floor)
11:00 Balance/stability (HC)
2:00 Quarter Bingo (CR)
3:00 All residents' council meeting (NL)
6:30 Hand and foot (CR)
6:30 Sequence (AR)
7:00 Two and a Half Men (GR)

22

9:00 Open Swim (PL)
10:00 Brainiac (CR)
10:00 Computer Class (CL)
10:45 Travelogue: France (CR)
1:00 Pinochle (SL)
1:15 Happy Hands (CR)
2:00 Balance & Stability (HC)
2:00 Kings' corners/cribbage (CR)
2:45 Stretch & Relax (HC)
6:15 Bridge/Games (CR)
6:30 Sequence (AR)
7:00 Two and a Half Men (GR)

23

9:00 Water Works
10:00 Tai Chi (HC)
11:00 Casino: Angel of the Winds; lunch (oyo)
11:00 Balance/stability
2:00 King's corners/cribbage/Taboo
6:30 Movie (CR)
6:30 Sequence (AR)
6:30 Pinochle (SL)
7:00 Two and a Half Men (GR)

25

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12:00 Football/cribbage (GR)
1:45 Sunday Stroll Meet in Lobby
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2:00 Dance (CR)
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3:15 Book club (CR)
6:30 Sequence (AR)
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28

9:00 Water works (PL)
10:00 Strength for Life (HC)
10:00 News & Views (NL)
10:00 Catholic Communion (AR)
10:30 Wellness Clinic (1st Floor)
11:00 Balance/stability (HC)
2:00 Quarter Bingo (CR)
3:00 All residents' council meeting (NL)
6:30 Hand and foot (CR)
6:30 Sequence (AR)
7:00 Two and a Half Men (GR)

29

9:00 Open Swim (PL)
10:00 Brainiac (CR)
10:00 Computer Class (CL)
10:45 Travelogue: France (CR)
1:00 Pinochle (SL)
1:15 Happy Hands (CR)
2:00 Balance & Stability (HC)
2:00 Games/social (CR)
2:45 Stretch & Relax (HC)
6:15 Bridge/Games (CR)
6:30 Sequence (AR)
7:00 Two and a Half Men (GR)

30

9:00 Water works
10:00 Tai Chi (HC)
11:00 Balance/stability
11:00 Theater (CR)
4:30 Anniversary Party!!!!!!



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9:00 Open Swim (PL)
10:00 News & Views (NL)
1:00 Wii bowling (CR)
2:00 Quarter Bingo (CR)
3:15 Cereal Murders (SL)
6:30 Hand & Foot (CR)
6:30 Games (CR)